

8th piece for any number of players
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Everyone plays from the same score.
Generate a score that is a randomly-generated string of N or M.

example: N M M M N M N N etc.

Each player breathes normally at their own pace.
(Obviously) alternate breathing in and out.
N = through the nose.
M= through the mouth.
(if through the mouth, keep the mouth only very slightly open.)

You may or may not be able to hear the other players.

Play for as long as desired.